

St. Catherine of Bologna H.S.A. Presents:

Positive Parenting Session #2: Changing Bad Behaviors For Good Ones

This session will be presented after a shortened General H.S.A. meeting held on Tuesday, January 20th. The presentation should conclude by 9:00pm with Q&A to follow.

The H.S.A. asks for your attendance.

This is a fee-based session we are offering as no-charge to our families.

What is Positive Parenting

Positive Parenting is a program designed to teach you how to parent more effectively. It is based on the following beliefs:

- Your child and your child's behaviors are not the same thing.
- A learned behavior can be changed with proper instruction and incentives.
- Using appropriate parenting skills and tools, you can teach your child skills that ensure cooperation and continued compliance while eliminating inappropriate behaviors.
- You can create an academic environment in your home that encourages learning, strengthens relationships and helps resolve conflicts.
- You can be your child's best role model, strongest advocate, most steadfast ally and greatest teacher.

To get started, Positive Parenting provides you with skills and tools that are essential for parenting successfully. It also teaches you a strategy for analyzing, organizing and using information, so you can solve your own parenting problems.

To practice using your new skills and tools, Positive Parenting offers step-by-step guides for teaching your child basic life skills while eliminating inappropriate behaviors. And if your child tantrums, you will find a whole section devoted to helping you eliminate this difficult behavior.

To create an academic environment in your home, Positive Parenting provides tools for the whole family. Use these Family Tools to build a positive team spirit, discuss important family issues, solve problems rationally, and strengthen family relationships.

Positive Parenting wants moms, dads and kids to feel like members of the same team. Instead of seeing conflicts as “**you versus your child**,” you will learn to redefine those conflicts, so they become “**you and your child versus a problem behavior**.” This new perspective enables you to view your child's inappropriate behaviors as opportunities to teach important life skills.

The second session held after the January 20th, General HSA meeting will be:

TOPIC TITLE: Changing Bad Behaviors For Good Ones

CONTENT: The focus of this section is on the importance of reinforcing and teaching to appropriate behaviors, teaching to inappropriate behaviors, and teaching new skills and values. The quality components of teaching are emphasized and the importance of each component of the interaction is stressed. The concepts of spontaneous teaching and teaching to on going behaviors are taught. A connection is established between the understanding and utilization of the Opportunity To Teach Tool and its application related to the measurable change in inappropriate behaviors.

About the Speaker:

Partnering with parents to insure their child's future success.

Tom Palermo provides exclusive, private, in-home parent training for parents who wish to improve their child's emotional health, as well as their behavioral skills. Tom understands the difficulties facing today's successful parents and works with them to build the foundation for their child's own personal growth. Although Tom has been dubbed the "Child Whisperer" by some, it is actually through a systematic approach that he engages both parents and children to take the steps needed to bring about the greatest change. In-home observations and phone conferencing are used to develop and support a personalized behavioral plan.

For the past 23 years, Tom has also provided in-home intensive parent training services for many agencies funded through the NYC Office of Mental Health Services and provides staff training for case managers and therapists throughout the NY tri-state area. His background includes working with children with mental health diagnosis and he has been a guest speaker at many mental health conferences to include NYC Children's Services and the NY Foundling Organization.

Tom established the Positive Parenting program in 1991, and as the President and Executive Director, he has dedicated his career to empowering parents. Through seminars, small groups and private consultation, he brings the skill and craft of parenting to the forefront. Tom has authored "Parenting...The Instruction Manual Your Child Should Have Come With." Tom and the Positive Parenting program is utilized by parents and agencies internationally, and during it's tenure, it was the only Parent Training Program offered by the Corporate Training Services of Columbia University's School of Continuing Education.

Mr. Palermo holds the national distinction of attaining the Train-the-Trainer Certification by Boystown of Omaha and The Teaching Family Association.